

## Crestview High School

2017-2018

### Cheerleader By-Laws

#### Eligibility

##### Grades:

Cheerleaders must have and maintain a minimum 2.0 un-weighted cumulative grade point average, which is mandated by the FHSAA. Coaches will check at the end of each (9) weeks to verify the student is maintaining this requirement. If a student falls below a 2.0 at the end of the first semester of school, he/she will be removed from the squad. If the student is maintaining a 2.0 GPS but makes an F on his/her report card, he/she will sit for one game with the coach in full uniform **and** receive 2 demerits. **If** the student makes two F's on his/her report card, he/she will sit for two games with the coach in full uniform **and** receive 3 demerits. **If** the student makes three F's or more on his/her report card he/she will sit until adequate progress is being made in the classroom and documentation by the student's teacher is provided **and** receive 5 demerits. Student athletes will also be required to attend tutoring when GPA's fall below a 2.5.

##### Insurance and Physical Form:

Parents and guardians must assume responsibility for a cheerleader's health, medical and accident insurance. Proof of insurance must be provided and kept on file with the cheer coach. Each cheerleader must have a complete physical examination, by a physician of choice, to be paid for by the parent or guardian. The exam, signed by the physician, indicating the cheerleader is physically fit, must be on file with the cheer coach **by the first day of clinic.**

## Rules and Responsibilities

### Squads:

There will be two squads selected, Junior Varsity and Varsity. Junior Varsity will consist of a maximum of 12 cheerleaders. Varsity will consist of a maximum of 16 cheerleaders. **(8<sup>th</sup> graders can only tryout for JV) Also, once you make a cheer team you are a CHS Cheerleader until the end of the following school term.**

### Captains:

The method of selecting captains will be left to the discretion of the cheer coach. Captains will be chosen based on dedication, experience, leadership qualities and ability to get along with others.

### Demerits:

A cheerleader can receive up to 15 demerits before being removed from the squad. Each time a cheerleader receives demerits he/she will sign and date a demerit log that is kept by the coach that reflects each demerit received.

### Conduct:

Because you have been selected as a leader and a representative of Crestview High School's **BEST**, it is imperative that each of you display exemplary behavior **at all times.**

- Any conduct on or off campus by any **cheerleader** that is detrimental to the image of Crestview High School and to the squad such as drinking, smoking, fighting, use of profanity, inappropriate images and content/posts (facebook, twitter, instagram, vine, etc) will result in demerits and/or permanent suspension from the squad. Negative posts on facebook, twitter, instagram, vine, social media wars, inappropriate pictures and abbreviations/emojis and retweets **WILL NOT BE TOLERATED! Any cheerleader sending or posting inappropriate pictures will be immediately removed from the squad.**
- **Any cheerleader found to be bullying will receive demerits and/or be removed from the squad depending on the severity of the bullying.**
- Each cheerleader will be under the supervision of the coach during all cheerleading activities and must adhere to any rules, regulations and decisions the coach may make.
- If a cheerleader is removed from the team, he/she **will not be allowed to tryout the following year.**

### **Cheerleading Activities:**

**Cheerleaders will not plan or schedule to be absent during games, practices or any other cheer duties.** If a cheerleader has an activity which counts as a grade (example a chorus concert) and it conflicts with cheer, he/she must make prior arrangements with the coach to be excused from the cheer event. **A schedule of events will be provided to each cheerleader so that they can plan vacations and weekend getaways around the schedule.** CHS Cheer will come before any other outside extracurricular activities. **If any cheerleader is a member of an outside cheer team he/she will not miss any scheduled practice or game or leave early from practice or a game to make it to another outside team's activities.** If any cheerleader is employed, he/she will be expected to work their schedule around practices and games. **Also, cheerleaders will be expected to cheer through football and basketball playoffs.** In other words, the season is not over based on the last game scheduled on the calendar. The season ends when our team isn't playing anymore.

**If you must dual-enroll, you will need to schedule your classes on Wednesday nights during the school year!**

### **School Attendance:**

Classroom attendance is a vital part of academic success. If it is determined, per the CHS handbook, that a cheerleaders absences become excessive as well as tardies the cheerleader will be contacted by the coach to schedule a meeting to discuss the problem. If the absences/tardies continue the cheerleader will be suspended from the squad for the time designated by the coach. If a cheerleader is not present in school and is not on school leave with another school activity he/she will not be able to cheer if there is a scheduled game or activity on the day he/she was absent.

**Uniforms:**

Uniforms will be selected by the cheer coach. Cheerleaders are responsible for the cost of personal articles. Uniforms will be rented out to each cheerleader. He/she is responsible for the uniform and any damage done to the uniform will be paid for in full by the cheerleader at a replacement cost. You may not permanently alter uniforms unless given permission by the coach. Uniforms that are permanently altered will be considered damaged and you will be charged a replacement fee. Uniforms should be **WASHED** after each time worn.

**All uniform articles are to be worn only during cheerleader activities.** There are certain behaviors deemed inappropriate while in uniform, for example public display of affection or posting of an inappropriate image on the internet. While these behaviors are not written, they are clearly expressed, and inappropriate actions by cheerleaders while in uniform or any CHS attire will result in demerits or removal from the squad. Also, while in uniform, there will be no gum, jewelry, no body piercings, no fingernail polish or any colored socks except for white.

**Financial:**

All cheerleaders must make their first initial payment of \$150.00 by June 6, 2017. Parents will receive a monthly statement at the beginning of each month beginning in July. Monthly payments of \$100.00 are due every month by the 15<sup>th</sup> until payment is made in full. **If a cheerleader is removed from the squad, or moves to another school, all financial responsibilities incurred will remain. This includes deposits and total balances if amounts are nonrefundable.**

**Cheerleaders who fall more than 10 days behind on payments will sit out of activities until payment is received. Cheerleaders who do not pay their accounts in full will not be able to tryout the following year. If a cheerleader is removed from the squad they will not be allowed to tryout the following year.**

**Fundraisers:**

- Fundraising for the general account is mandatory. Any cheerleader may choose to opt out of a mandatory fundraiser and not receive demerits by donating \$75.00 towards the general account. Cheerleaders who do not opt out will receive demerits. Examples of general account expenses include but are not limited to office supplies, misc. camp expenses, homecoming activities, Christmas activities, Senior Awards, Year-end-banquet, paint and paper, coaches summer supplement, first aid bag, etc.
- Fundraising for personal accounts is not mandatory. Cheerleaders may opt out of any and all of these fundraising projects without penalty. Money earned is applied to individual accounts to cover personal cost incurred by the cheerleader.

**Camp and Summer Practices:**

Summer camp attendance, at the expense of the cheerleader, is mandatory. Failure to attend summer camp will be justification for suspension from the cheerleading squad for the year. Summer practice is also mandatory. All cheerleaders are required to be at summer practices and workouts. Demerits will be the result of missed practices.

**Practices:**

All practices are mandatory and closed to all spectators. If one cheerleader is absent from practice, at least three or more girls can't work on stunting skills. Make arrangements to schedule all appointments and anything else around practice which includes our cheer class. Cheerleaders that work will be expected to arrange their work schedules around all practices and games. If you're scheduled to work on the day of a game, you will need to arrange to be off at least (2) hours prior to the game in case any additional practice is needed. You will not be allowed to leave early or arrive late because of your employment or any outside activities.

**Tumbling:**

A standing BHS and round off BHS will be expected at tryouts. Also, each cheerleader will be expected to continue throwing their highest tumbling pass thrown at tryouts throughout the year. Each cheerleader is also expected to be enrolled in tumbling as a team. The cost of tumbling is not included in the estimated cheer cost. Tumbling is your responsibility and cost may vary depending on the facility chosen. It is also the parent's responsibility to make monthly payment arrangements as needed to ensure their daughter is in tumbling with their team. A private lesson will not be allowed to substitute team tumbling. Each cheerleader **will** be in team tumbling when the team begins, not two or three weeks or even months after the team class has started. It is mandatory

**Transportation:**

**A cheerleader must ride with the squad to and from all activities.** The cheer coach will make the proper arrangements for transportation. Cheerleaders who have a parent/guardian at the activity and wishes to ride home with them must sign out with the coach before leaving.

# Demerits

Classification:	Points:
1. First Missed Practice	3
2. Second Missed Practice	4
3. After Second Missed Practice	5
4. First Missed Game	6
5. Second Missed Game	7
6. Third Missed Game <b>(Removed from Team)</b>	
7. Uniform Violations (gum, jewelry, polish, wrong attire, etc.)	3
8. Tardy to Any Activity Including Practice	3
9. Disrespect To Coaches (Depending on Severity)	1-15
10. Absence From or Refusal to Fully Participate in Mandatory Fundraisers	5
11. Truancy (skipping)	5
12. Referral to Discipline	3
13. Inappropriate Behavior While In Uniform, Cheerleading or Attire	5-15
14. Other Inappropriate Behavior in Classroom, School Activities, or in Public	5-15
15. Cell Phones out Period	5
16. Social Media Issues That Are Unbecoming	5
17. Disrespect to Captains	3
18. Treating Other Teammates in a Way That is Hurtful and Disrespectful	5
19. Failure to Bring Appropriate Clothes to Cheer Class	2
20. Wearing Hair Differently than What You Were Told	2
21. Bullying Teammates/Students	5-15

**Any fighting, drinking, smoking, possession of illegal drugs, inappropriate images on the internet and social media and/or other severe behaviors from a cheerleader may result in immediate removal from the squad. Demerits for grades are located under Grades in the By-Laws.**

**Your signature means you and your parent have read the By-Laws and Demerit List and agree to adhere by these rules.**

**I HAVE READ AND AGREE TO THE TERMS OF DISCIPLINE. I HAVE ALSO READ, UNDERSTAND AND AGREE TO ABIDE BY THE POLICIES AND RULES OF CRESTVIEW HIGH SCHOOL CHEERLEADERS. I UNDERSTAND THE COST INVOLVED AND MY RESPONSIBILITY IN PAYING THESE COSTS. IN SIGNING THIS FORM, I AM AGREEING TO THE BY-LAWS, DISCIPLINE PLAN AND COSTS IN CHEERLEADING.**

Student's Signature \_\_\_\_\_

Parent's Signature \_\_\_\_\_

Coaches Signature \_\_\_\_\_